

# Thorpepark Academy

## Religion, Belief and Values



<b>Year Group: 5</b> <b>Term: Summer 1</b>	<b>Unit 5.3</b> <b>Theme: Pilgrimage</b> <b>Concept: holy, sacred, ritual</b>	<b>Religion: Christianity, Sikhism</b> <b>Worldview: Humanism, personal view</b>
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**Key Question: Why Pilgrimage?**

**About this unit:**

This is a stand-alone unit building on an understanding of 'journey' to investigate the impact of pilgrimage on participants, exploring local, national and global pilgrimage sites for different faiths. It is important where possible to visit a local sacred place which may be a place of pilgrimage for some – church, cathedral, cemetery, memorial, garden, tree, monument, quiet space.

By the end of this unit pupils will understand the purpose of making pilgrimage, what happens during pilgrimage and its impact.

**Links to British Values**

<b>Democracy</b> ✓	<b>Rule of Law</b> ✓	<b>Individual Liberty</b> ✓	<b>Mutual Respect</b> ✓	<b>Tolerance of people of different faiths and beliefs</b> ✓
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**Links to SMSC**

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**Hull and East Riding Agreed Syllabus**

Relate end of Key Stage 2 expectations pupils should be able to...

<b>Exploring</b>	<b>Learning outcomes by the end of KS2 pupils should be able to</b>
<b>Theology</b> Why do people of faith make a pilgrimage?	Compare key places of pilgrimage and identify why a faith member might go there  Describe and show understanding of actions carried out by a pilgrim before, during and after pilgrimage  Suggest ideas about the meaning of pilgrimage to a believer and the impact on their life
<b>Theology</b> What makes a place sacred?	Show understanding of what is sacred for believers in religious places  Describe the uses of sacred places, symbols and artefacts by believers and the community  Explain how activities at local places of worship create a sense of community
<b>Social Sciences</b> What is the value of participating in a religious festival or ritual?	Compare the experience of participating in a religious festival or celebration around the world  Reflect and share how religious celebrations and rituals have an impact on the community

**Skills**

<b>Theology</b> Identify and make connections Reflect on and find meanings Explain and understand similarities and differences		<b>Social Sciences</b> Identify and explain Investigate and apply ideas Discuss and give examples	
<b>Prior Learning</b> It builds upon Unit 5.1 Expressions looking at pilgrimage as a different expression of faith. Recall other forms of religious expression It also builds upon Year 3 Summer term - Sacred places		<b>Future Learning</b> Year 6 Summer term – Hopes and visions	
<b>Sticky knowledge</b> Pilgrimage is a religious journey. Christians go on pilgrimage to Lourdes to be healed by its miraculous waters. It is an important Christian because Bernadette saw a vision of Mary there. Some Sikhs go on a pilgrimage to show their respect and worship for the Guru Granth Sahib (Holy Book). The water surrounding the Golden Temple is called the Amrit Saras Kund (pool of immortality) and is believed to have miraculous healing powers. Pilgrimages aren't only for the religious. They can be fun and inspiring, challenging yet rewarding journeys. Pilgrimage helps believers to develop spiritually and brings them closer to God A pilgrim prepares spiritually by reflecting on their reasons for going and thinking about what they hope to gain from going. Other more physical preparations are also made. A Sikh pilgrim might take... A Christian pilgrim might take A Sikh pilgrim ... A Christian pilgrim ... A pilgrim's feelings will change throughout the journey and differ from individual to individual.		<b>Key Vocabulary</b> rituals, journeys, sacred, pilgrim, pilgrimage, Lourdes, tourist, miracle, Guru Granth Sahib, Sikhism, Christianity,	
<b>Resources</b>			
See ideas within planning.			
	<b>LO</b>	<b>Lesson outline</b>	
<b>Lesson 1</b> Asking questions	<b>LO:</b> To understand what a pilgrimage is  <b>Sticky knowledge:</b> Pilgrimage is a religious journey  <b>Skill:</b> Identify and make connections	<b>Mini Question:</b> What is a pilgrimage?  <b>Recap:</b> This unit builds on Unit 5.1 Expressions by looking at pilgrimage as a different expression of faith. Drawing on children's prior knowledge, recall other forms of religious expression (Grow what you know)  <b>Lesson outline:</b> Discuss – special places. Children to think about and record where their special place would be and why. This could be where: they can pray, they can reflect, the place has a special memory, the place reminds them of happy times or maybe a loved one is associated with the place.  Then introduce the idea of pilgrimage: What is pilgrimage? Have they heard this word before?	

		<p>After explaining what pilgrimage is, discuss: Who goes on pilgrimage and why? <a href="https://www.youtube.com/watch?v=3uZENwY-GzI">https://www.youtube.com/watch?v=3uZENwY-GzI</a></p> <p>This link could be used to look at pilgrimage.</p> <p><b>Activity:</b></p> <p>Record what a pilgrimage is and who goes on one from what they learnt during class discussion.</p> <p>Watch 4 day diaries of modern-day Christian pilgrims on link: <a href="https://request.org.uk/resource/life/spirituality/pilgrim-diaries-the-two-saints-way/">https://request.org.uk/resource/life/spirituality/pilgrim-diaries-the-two-saints-way/</a></p> <p><b>Answer questions in books:</b></p> <p>Why did they go on the pilgrimage? What benefit did it have on their lives? What have you learnt about pilgrimage? Do you think all pilgrims feel like this?</p> <p><b>Challenge:</b> Do faith members have to go on a pilgrimage? Do you think this the same for all faith members?</p>
<p><b>Lesson 2</b></p>	<p><b>LO:</b> To name Christian sites of pilgrimage and explain why they are important</p> <p><b>Sticky knowledge:</b></p> <p>Christians go on pilgrimage to Lourdes to be healed by its miraculous waters. It is an important Christian because Bernadette saw a vision of Mary there.</p> <p><b>Skill:</b> Identify and explain</p>	<p><b>Mini Question:</b> What are the sacred sites of pilgrimage for Christians?</p> <p><b>Recap:</b> Tell your partner what a pilgrimage is.</p> <p><b>Lesson outline:</b></p> <p>Discuss: What are the sacred sites of pilgrimage for Christians? (Introduce some of the sacred pilgrimage sites, such as: Jerusalem, Bethlehem and Lourdes) Discuss: Why are they sacred?</p> <p>Share video which gives reasons for Christians going on pilgrimage: <a href="https://www.youtube.com/watch?v=8i5hniSpcfE">https://www.youtube.com/watch?v=8i5hniSpcfE</a></p> <p>Look at the pilgrimage to Lourdes that is made by Christians. Share the story of Saint Bernadette with the children and read as a class. Discuss following questions:</p> <ul style="list-style-type: none"> <li>- What did you think of the story?</li> <li>- Why do you think people didn't believe Bernadette?</li> <li>- If you were there, would you have believed her?</li> <li>- How do you think Bernadette felt when she was called a liar, was slapped and spat on?</li> <li>- Do you think Bernadette was brave to stick up for what she believed in?</li> <li>- Why do you think so many people believe Bernadette?</li> <li>- Why do people visit Lourdes on pilgrimage?</li> </ul> <p><b>Activity:</b></p> <p>Complete a 'Places of Christian Pilgrimage Fact File' – explaining why the sacred sites are important to Christians.</p> <p><b>Challenge:</b> How do Christians feel on their pilgrimage?</p>
<p><b>Lesson 3</b></p> <p>Investigate and Dig Deeper</p>	<p><b>LO:</b> To know why Jews may go on pilgrimage</p> <p><b>Sticky Knowledge:</b> Some Sikhs go on a pilgrimage to show their respect and worship for the Guru Granth</p>	<p><b>Mini Question:</b> What are the sacred sites of pilgrimage for members of different faiths?</p> <p><b>Recap:</b></p> <p><b>Lesson Outline:</b></p> <p>Discuss: What are the sacred sites of pilgrimage for members of different faiths? Why are they sacred?</p>

<p>Interpret and Analyse</p>	<p>Sahib (Holy Book). The water surrounding the Golden Temple is called the Amrit Saras Kund (pool of immortality) and is believed to have miraculous healing powers.</p> <p><b>Skill:</b> Identify and make connections</p> <p>Identify and explain</p>	<p>Introduce places of pilgrimage for members of other faiths:</p> <ul style="list-style-type: none"> <li>- The Western Wall: Jerusalem for Judaism</li> <li>- Golden Temple: Amritsar, India for Sikhism.</li> <li>- Mecca for Islam.</li> </ul> <p>Consider: what are the similarities and differences between the pilgrimages for members of different faiths? (E.g., Similarities: all pilgrimages involve everyone, they all involve a journey to another place, all the places have a religious history, all the pilgrims use the time to pray and reflect on their lives, etc... Differences: Sikhs and Muslims show respect by covering heads and removing shoes whereas Christians and Jews do not; Christian and Sikh pilgrimages both include the belief in healing water.</p> <p><b>Activity</b></p> <p>Record sacred sites of pilgrimage for members of the Sikh faith on fact file – again explaining why these sites are sacred to the faiths.</p> <p><b>Challenge:</b> Why do Sikhs make this journey if it is not a requirement of their faith? How is this different for Muslims?</p>
<p>Lesson 4</p> <p>Investigate and Dig Deeper</p> <p>Interpret and Analyse</p>	<p><b>LO:</b> To know secular sites of pilgrimage and why people of no faiths would choose to complete them.</p> <p><b>Sticky Knowledge:</b></p> <p>Pilgrimages aren't only for the religious. They can be fun and inspiring, challenging yet rewarding journeys.</p> <p><b>Skill:</b> Explain and understand similarities and differences</p>	<p><b>Mini Question:</b> What are the sacred sites of pilgrimage for members of non-religious beliefs?</p> <p><b>Recap: Pilgrimage for believers</b></p> <p><b>Lesson Outline:</b></p> <p>Introduce the idea of pilgrimage for non-believers. Why may a non-believer want to go on a pilgrimage? Where in the world do you imagine a non-believer going? Why?</p> <p>Discuss: What are the sacred sites of pilgrimage for members of non-religious beliefs? Why are they sacred?</p> <p>Use the following link:</p> <p><a href="https://edition.cnn.com/travel/article/non-religious-pilgrimages-treks/index.html">https://edition.cnn.com/travel/article/non-religious-pilgrimages-treks/index.html</a></p> <p><b>Activity:</b></p> <p>Children could create a brochure for a place of pilgrimage visited by those of no religions, e.g. Inca Trail to Machu Picchu (Peru) or walk from Land's End to John O Groats.</p> <p><b>Challenge:</b> Where would you go on a pilgrimage to? Why?</p>
<p>Lesson 5</p> <p>Investigate and dig deeper</p>	<p><b>LO:</b> To compare a pilgrim and a tourist</p> <p><b>Sticky Knowledge:</b></p> <p>Pilgrimage helps believers to develop spiritually and brings them closer to God</p> <p><b>Skill:</b> Explain and understand similarities and differences</p>	<p><b>Mini Question:</b> How is a pilgrim different from a tourist?</p> <p><b>Recap:</b></p> <p><b>Lesson Outline:</b></p> <p>Introduce the lesson: "Tourists and pilgrimages are both the same because they both involve going on a long journey to see something... Do you agree?" Discuss the answers the chi come up with, explaining any misconceptions that come up.</p> <p>Give the chi some scenarios – debate: Tourist vs pilgrim?</p> <p>Useful links for some information regarding this:</p> <p><a href="https://www.seetheholyland.net/a-pilgrim-is-not-a-tourist/">https://www.seetheholyland.net/a-pilgrim-is-not-a-tourist/</a></p> <p><a href="https://www.artofliving.org/wisdom/knowledge-sheets/are-you-tourist-or-pilgrim">https://www.artofliving.org/wisdom/knowledge-sheets/are-you-tourist-or-pilgrim</a></p> <p><a href="https://www.youtube.com/watch?v=jsROeGTVYWk">https://www.youtube.com/watch?v=jsROeGTVYWk</a></p>

		<p><b>Activity:</b></p> <p>Children complete a pilgrim vs tourist information comparison sheet. –Or write information in paragraphs in books comparing both.</p> <p>What does pilgrimage mean to a believer? What may be the lasting impact on their lives?</p> <p><b>Challenge:</b></p>
<p><b>Lesson 6</b></p> <p>Investigate and dig deeper</p>	<p><b>LO: To understand how a pilgrim prepares for the journey</b></p> <p><b>Sticky knowledge:</b> A pilgrim prepares spiritually by reflecting on their reasons for going and thinking about what they hope to gain from going. Other more physical preparations are also made.</p> <p><b>Skill:</b> Discuss and give examples Investigate and apply ideas</p>	<p><b>Mini Question:</b> How does a pilgrim prepare for the journey?</p> <p><b>Recap:</b></p> <p><b>Lesson outline:</b></p> <p>Grow What You Know: Using what chi have learnt so far, can they explain how a pilgrimage may prepare for their journey?</p> <p>Link back to tourism link last week: what would be the same or different in the pilgrimage preparations to how we prepare, as tourists, to go on holiday?</p> <p><b>Activity:</b></p> <p>Look closely at 2 different pilgrimages: Sikh and Christian.</p> <p>These may be useful:</p> <p><a href="https://joewalshstours.co.uk/spiritual-preparation-for-your-pilgrimage/">https://joewalshstours.co.uk/spiritual-preparation-for-your-pilgrimage/</a></p> <p><a href="https://www.sikhnet.com/news/home-beloved-pilgrimage-heart-sikh-spirituality">https://www.sikhnet.com/news/home-beloved-pilgrimage-heart-sikh-spirituality</a></p> <p>Chi answer key questions: How does a pilgrim prepare for the journey? What are the similarities and differences of how these pilgrims prepares for their journey?</p> <p>These could be done on “journey maps” where the different stages to preparation are clearly outlined. These could then go on a “pilgrimage” display on RE working wall to be added to in the next lessons or displayed in children’s own books.</p> <p><b>Challenge:</b> How does pilgrimage impact on the life of believers when they return?</p>
<p><b>Lesson 7</b></p>	<p><b>LO:</b> To understand what a pilgrim might take with them on a pilgrimage</p> <p><b>Sticky knowledge:</b> A Sikh pilgrim might take... A Christian pilgrim might take ...</p> <p><b>Skill:</b> Identify and make connections</p>	<p><b>Mini Question:</b> What might a pilgrim take with them on a pilgrimage?</p> <p><b>Recap:</b> How do pilgrims prepare spiritually for their journey?</p> <p><b>Lesson outline:</b></p> <p>Explain to the children that today they are going to focus on the physical belongings that pilgrims take on their journey.</p> <p><b>Activity:</b></p> <p>Again, looking at focus religions from last week: Create a “suitcase” of belongings for a pilgrim to take with them on a pilgrimage. (practical and take photo for whole class) or children could draw and label items in the suitcase, explaining the meaning behind them.</p> <p>It is important to note, again, any similarities and/or differences across the faiths with these items.</p>

		<p>These can then be displayed in RBV books or children's books.</p> <p><b>Challenge:</b> Which item do you think would be the most important for a Sikh/Christian to take? Why?</p>
<p><b>Lesson 8</b></p>	<p><b>LO:</b> To understand what a pilgrim does on pilgrimage</p> <p><b>Sticky knowledge:</b> A Sikh pilgrim ... A Christian pilgrim ...</p> <p><b>Skill:</b> Explain and understand similarities and differences</p>	<p><b>Mini Question:</b> What does a pilgrim do on their pilgrimage?</p> <p><b>Lesson outline:</b> Grow What You Know: Thinking about what we've learnt so far about pilgrimages – can the children come up with a class mind-map of what a pilgrim does while on their pilgrimage?</p> <p>Explore different resources to find out what a pilgrim does while on this sacred journey.</p> <p>Again, focusing on your focus religions – Children to look at what a pilgrim does while on their pilgrimage.</p> <p><b>Activity:</b> Children create "postcards" to show what the pilgrim does while on their pilgrimage. Add to children's books or RBV display/floor books.</p> <p>Again, children should record any similarities and/or differences they find across faiths within their books, and these should be discussed to promote further understanding.</p> <p><b>Challenge:</b> Is pilgrimage necessary to be close to God?</p>
<p><b>Lesson 9</b></p> <p>Evaluate and analyse</p>	<p><b>LO:</b> To understand how a pilgrim feels at various stages</p> <p><b>Sticky knowledge:</b> A pilgrim's feelings will change throughout the journey and differ from individual to individual.</p> <p><b>Skill:</b> Reflect on and find meanings</p>	<p><b>Mini Question:</b> How might a pilgrim feel at different stages of their journey?</p> <p><b>Recap:</b> What did a ...pilgrim do during a pilgrimage?</p> <p><b>Lesson outline:</b> Discuss: How might a pilgrim feel at different stages of their journey? (Think about: while they're preparing for the journey; on the way there; while visiting sacred sites and making this pilgrimage; on the way home)</p> <p>What feelings might they leave at the site and what might they bring away with them?</p> <p>Look at: <a href="https://versoministries.com/blog/embracing-suffering-on-pilgrimage/">https://versoministries.com/blog/embracing-suffering-on-pilgrimage/</a></p> <p>Ensure the children think about a range of emotions from excitement, apprehensive, calm, joy, peace, discomfort/suffering, etc</p> <p><b>Activity:</b> Children given images of pilgrims (from focus faiths) and they write what would be in speech bubbles to show how a pilgrim feels at each stage of their journey.</p> <p><b>Challenge:</b> Why do pilgrims embrace some suffering? (Link to their religion)</p>
<p><b>Lesson 10</b></p> <p>Reflect and Respond</p>	<p><b>LO:</b> To apply knowledge of pilgrimage to their own and the lives of others</p>	<p><b>Mini Question:</b> Why might some people see life's journey as a pilgrimage?</p> <p><b>Recap:</b> How does a pilgrim feel before/after/during/their pilgrimage? Why?</p>

**Skill:** Reflect on and find meanings

**Lesson Outline:**

Discuss what pilgrims do on their journey and the range of emotions that they experience and physical hardships they encounter, such as long walks, heat, limited food, away from family.

Pose the question – Why might some people view the journey we all take through life as a pilgrimage?

Children to take time to really think about this and what it means to them. Children to respond in their books.

Children share responses and remind all children that all views are important.

**Challenge:** What special journey/journeys which you will undertake in Y6 could be viewed as part of your pilgrimage?