Science							
Forces Year 5							
Remember when Changed shape of materials by stretching, twisting, bending and squashing. (Y2) Push and pull are types of forces (Y3) That when forces are applied to an object they allow them to move or stop moving (Y3) Strength of the force determines how far and fast an object moves. (Y3) Friction is the resistance of motion when there is contact between two surfaces. (Y3) The force that causes objects to move downwards towards the ground is gravity. (Y3) That magnets have poles, and that opposite poles attract, while similar poles repel. (Y3)							
 Sticky knowledge Friction is a contact force e.g. trainers or mats for a helter skelter Gravity is a force that acts at a distance, pulling objects towards the Earth, causing them to fall A force causes and object to start moving, stop moving, speed up, slow down or change direction Air resistance is a contact force e.g. parachutes Water resistance is a contact force e.g. the shape of a shark to help it move easily through the water A mechanism allows a small force to move a larger object Pulleys, levers and gears are all mechanisms 							
 National Curriculum Explain that unsupported objects fall towards the Earth because of the force of gravity acting between the Earth and the falling object Identify the effects of air resistance, water resistance and friction, that act between moving surfaces Recognise that some mechanisms, including levers, pulleys and gears, allow a smaller force to have a greater effect. 							
Common Misconceptions Some children may think: • the heavier the object the faster it falls, because it has more gravity acting on it • forces always act in pairs which are equal and opposite • smooth surfaces have no friction • objects always travel better on smooth surfaces • a moving object has a force which is pushing it forwards and it stops when the pushing force wears out • a non-moving object has no forces acting on it • heavy objects sink and light objects float							
LO	Knowledge and Skills	Lesson outline					
Lesson 1 LO: To understand what gravity is. Enquiry type Comparative and fair testing	Sticky Knowledge: Gravity is a force that acts at a distance, pulling objects towards the Earth, causing them to fall A force causes and object to start moving, stop moving, speed up, slow down or change direction	Recap forces from year 3- pushes, pulls, magnets etc In this lesson pupils need to be taught about Newton Meter- before using them in the lesson to measure the weight of di the classroom. Explain the different theories surrounding gravity posed by Which do they think was correct? Explore the theory by dropping two identical containers, one from the same height. Discuss what happened, why this ha theory was correct – this will be revisited during the air resis	eters and how to use them of different objects around by Galileo and Aristotle. , one full and one empty, s happens and whose resistance lesson.				
	Identify scientific evidence that has been used to support or refute ideas or arguments	ARE – Specify items to measure GD – Choose items to measure.					
Lesson 2 LO: To understand the effects of friction. Enquiry type Pattern seeking	Sticky Knowledge: Friction is a contact force e.g. trainers or mats for a helter skelter A force causes and object to start moving, stop moving, speed up, slow down or change direction	Recap what the children learned about friction in Year 3. Ho friction? Children will discuss and carry out an enquiry to compare w surfaces create more friction. Use a newton meter to drag a shoe across different surface grass, concrete/tarmac) and record the force it takes to mal Discuss the patterns that they have noticed and record in b LA – template given for table.	ow can we measure /hether rougher es (wood, plastic, carpet, ke the shoe move. ooks.				
	measurements, using a						

	range of scientific	ARE – Mixed ability groups.	
	equipment, with	ipment, with GD – Predict the pattern before carrying out the enquiry.	
	precision, taking repeat		
	readings when		
Lesson 3	appropriate Sticky Knowledge:	Children will discuss and carry out a comparative enquiry to find out how the size	
	Air resistance is a contact force e.g. parachutes	of a parachute affects the rate at which it falls.	
understand the		Recap what the children have learned about gravity and discuss how this can	
effects of air	A force causes and	balance out air resistance, and what air resistance is. Discuss what affect air	
resistance.	object to start moving,	resistance has on the parachute and why this makes it fall at a different rate.	
Enquiry type Comparative and fair testing	slop moving, speed up, slow down or change direction Focus skill Using test results to make predictions to set up further comparative and fair tests	Discuss the variables in this experiment (explain the different types). What are we going to change? What are we going to measure? Keeping all other variables the same will ensure that the enquiry is kept fair.	
		Children will then create parachutes of different sizes. These will be dropped from the same height and children will time how long it takes for the parachute to reach the floor.	
		LA – template given for table, mixed ability groups	
		ARE – Mixed ability groups	
		GD – Create their own parachutes using different materials rather than different sizes.	
Lesson 4	Sticky Knowledge:	Recap air resistance. What do you think water resistance might be?	
LO: To understand the effects of water resistance.	Water resistance is a contact force e.g. the shape of a shark to help it move easily through the water	How can you make an object move more smoothly through water (reduce water resistance)?	
		Discuss streamlining and that this enables animals/vehicles to cut through the water in order to move more easily/quickly.	
Enquiry type Comparative and fair testing	A force causes and object to start moving, stop moving, speed up, slow down or change direction Focus skill : Taking measurements, using a range of scientific equipment, with	Children will create and test 3 different 3D shapes from plasticine/playdoh to see which one creates the most/least water resistance.	
		Shapes will be dropped into a measuring cylinder of water and children will measure how long it takes them to reach the bottom of the cylinder.	
		Compare this to everyday life: Which animals have streamlined shapes to create less water resistance?	
		LA – TA assisted – 3D shapes already given.	
	precision, taking repeat	ARE – make shapes using plasticine/playdoh	
	readings when appropriate	GD – Add one more shape of their own and predict how it will be affected by water	
		resistance.	
Lesson 5	Sticky Knowledge: A mechanism allows a small force to move a larger object	Children will design an investigation using a rubber as a fulcrum and a ruler as a lever to see which masses they can lift by changing the length of the lever	
LO: To understand how		Results will be recorded in a table and children will write a conclusion to explain the relationship between the length of the lever and the mass they could lift	
levers allow a smaller force to	Pulleys, levers and gears are all mechanisms	Pupil-led enquiny - children will create the enquiny themselves using different	
have a greater		materials (potential weights can include lego, a bucket with marbles in, 10g	
effect	Report and present	stacking weights).	
Enguiry type	findings from enquiries, including conclusions, causal relationships and	LA – TA assisted – as one group (mainly using Lego)	
Comparative and		ARE – Design investigation in mixed groups.	
tair testing	explanations of and	GD – Measure the actual weight of the items (cross curricular maths)	
	degree of trust in results,		
	such as displays and		
	other presentations		
Lesson 6	Sticky Knowledge: A	Introduce pulleys and gears as alternative ways of using less force to move a greater mass. Show how pulleys and gear systems can be constructed	
LO: To	small force to move a	groater mass. Onew new paneys and year systems can be constructed.	
pulleys and gears	larger object		

allow a smaller force to have a greater effect	Pulleys, levers and gears are all mechanisms		Construct structures with different numbers of pulleys between tables using a bamboo cane. Test how many newtons it takes to lift a 1kg weight using each pulley system.		
Enquiry type Pattern Seeking	Focus skill Record data and results of increasing complexity using scientific diagrams and labels		Gears toy to demonstrate – discuss bike gears. A small gear needs to work twice as hard because it needs to go around more times. Count how many times the small gear needs to move around when the large gear moves around once.		
			Class split in half – half pulleys, half gears and then switch. Record photos on Twitter.		
	Record data and results of increasing complexity using tables		LA – assisted		
			ARE – Stick to fixed/moving/compound pulley		
			GD – Challenge to create a complex pulley system		
Working towards		Wo	End of unit assessment rking at Age related expectations	Working at a greater depth	