

Physical Education Long Term Overview 2024-2025

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
FS1			Walking 1	Walking 1	Hands 1	Hands 1
FS2	Gymnastics: High, Low, Over & Under	Dance: Ourselves	Ball Skills: Hands 2	Ball Skills: Feet 1	Locomotion: Jumping 1	Attack v Defence: Games for Understanding
Year 1	Ball Skills: Hands 2	Ball Skills: Rackets Bats and Balls	Dance: Heroes	Gymnastics: Wide, Narrow, Curled	Locomotion: Running 1	Ball Skills: Feet 1
Year 2	Ball Skills: Hands 2	Dance: Mr Candys Sweet Factory	Ball Skills: Feet 1	Ball Skills: Hands 2	Locomotion: Jumping 1	Gymnastics: Linking
Year 3	Games: Net/Wall: Tennis	Dance: Wild Animals	Gymnastics: Symmetry & Asymmetry	Outdoor Adventure Activities: Communication & Tactics	Athletics	Games: Invasion: Netball
Year 4	Games: Net/Wall: Tennis	Outdoor Adventure Activities: Problem Solving	Gymnastics: Bridges	Games: Invasion: Football	Dance: Space	Athletics
Year 5	Games: Net/Wall: Tennis	Gymnastics: Counter Balance & Counter Tension	Games: Invasion: Netball	Dance: Greeks	Athletics	Outdoor Adventure Activities: Orienteering
Year 6	Games: Net/Wall: Tennis	Games: Invasion: Football	SATs Prep	Sports Experience (Transition Links)	Athletics	Dance: Carnival