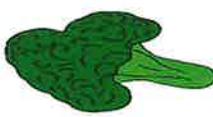


Week 1 3 rd and 17 th June 1 st and 15 th July		Monday	Tuesday	Wednesday	Thursday	Friday
Option one	Oven baked pork sausages	Chicken Goujons Strips (7)	All day breakfast (4)	Roast turkey dinner	Bettered fish (2,5) Fishcake (2,5)	V F N N
Option two	Oven baked Quorn Sausage (2)	Quorn Goujons (7)	Veggie all day breakfast (2,5)	Buttermilk Quorn (2,4)	Quiche (2,4,7)	
Option three	Jacket potato (GF) Beans Tuna mayo (4,5) Grated cheese (7)					
Option four	Sandwich (2,13) Tuna mayo (4,5,7) Grated cheese (7) Ham Turkey Egg (4) Jam					
Fresh Salad	Unlimited Salad Bar	Unlimited Salad Bar				
Vegetables	Seasonal Vegetables	Baked beans	Sweetcorn	Carrots & Broccoli	Garden Peas	
Carbohydrates	Creamed potatoes (7) Yorkshire Pudding (2,4,7)	Potato twists (2)	Bread & butter (2,7,13)	Yorkshire Pudding (2,4,7) Roast potatoes (2,7)	Chips Bread & Butter (2,7)	
Dessert	Chocolate Brownie (2,4,7)	Chocolate chip cookie (2,4,7)	Flapjack finger (2,4,7)	Ice cream tubs or ice lolly (7)	Friday Favourites	

Assorted sandwiches and jacket potatoes served with unlimited vegetables or salad to accompany the meals- freshly prepared salad bar & Bread daily (2,4,5,7,13) Yoghurt (7) and fruit are available daily as a choice of dessert. Fresh water & Milk (7)

GLUTEN FREE OPTIONS AVAILABLE DAILY

1 Celery	2 Cereals Containing Gluten	3 Crustaceans (such as prawns, crabs & lobsters)	4 Eggs
5 Fish	6 Lupin	7 Milk	8 Molluscs
9 Mustard	10 Nuts	11 Peanuts	12 Sesame Seeds
	13 Soya	14 Sulphur Dioxide and Sulphites	



Week 2 10 th and 24 th June 8 th July		Monday	Tuesday	Wednesday	Thursday	Friday
						V E N N
Option one	Pepperoni Pizza (2,7)	Mince Bolognese (7)	Pork sausage hotdog roll (2)	Roast turkey dinner	Battered Fish (2,5) Fish cake (2,5)	
	Cheese Pizza (2,7)	Cheese pasta (2,7)	Vegetable burger (2)	Vegetable sausage dinner (2)	Quiche (2)	
Option three	Jacket potato (GF) Beans Tuna mayo (4,5) Grated cheese (7)					
	Sandwich (2,13) Tuna mayo (4,5,7) Grated cheese (7) Ham Turkey Egg (4) Jam					
Option four	Fresh salad	Unlimited Salad Bar				
	Vegetables	Baked Beans	Broccoli & sweetcorn	Sweetcorn	Carrots & Broccoli	Garden Peas
Carbohydrates	Wedges (2)	Garlic Bread (2,7) Pasta (2)		Potato Twists (2)	Yorkshire Pudding (2,4,7) Roast Potatoes	Chips Bread & Butter (2,7)
	Dessert	Mixed flavour Angel whip (7)	Mixed cupcakes (2,4,7)	Chocolate crunch & custard (2,4,7)	Ice cream (7)	Friday Favourites

Assorted sandwiches and jacket potatoes served with unlimited vegetables or salad to accompany the meals- freshly prepared salad bar & Bread daily (2,4,5,7,13) Yoghurt (7) and fruit are available daily as a choice of dessert. Fresh water & Milk (7)

GLUTEN FREE OPTIONS AVAILABLE DAILY

