



Hull

Catering

Hull Catering Primary Lunch Menu Week Three

Week Commencing - November 16th, December 7th, January 11th, February 1st March 1st, 22nd

**EAT WELL
DO WELL**



Week 3	MEAT FREE -MONDAY	TAKE AWAY-TUESDAY	WARMING-WEDNESDAY	TRADITIONAL THURSDAY	FISH SHOP-FRIDAY
Option 1	Sausages Mashed Potato (7) Seasonal vegetables Gravy	Minced beef Pie/Cobbler (1.2.4.7.) Roast Potatoes Seasonal Veg &Gravy	Quorn Nuggets(v)(2.4.7) Wedges (2) Seasonal Vegetables	Roast Turkey Roast Potatoes/Mash potato (7) Yorkshire Pudding (2.4.7) Seasonal Veg &Gravy	Breaded fish(2,5), served with chips and peas/ beans Bread And butter (2.4.7.13)
Option 2	Vegetarian sausages(v)(2.13.14) Mashed Potato (7) Seasonal vegetables	Vegetable Pie (1.2.4.7.) Roast Potatoes Seasonal Veg &Gravy	Cheesy Pasta Bake(1.2.7) Wedges(2) Seasonal vegetables	Quorn roast (4,7) Roast Potatoes/Mash potato Yorkshire Pudding (2.4.7) Seasonal Veg &Gravy	Fishless fingers (1,2) or served with chips and peas/ beans Bread And butter (2.4.7.13)
Option 3	Jacket potato topped with , cheese (7), beans, tuna (4,5,7,9) served with salad including coleslaw (4,9)	Jacket potato topped with , cheese (7), beans, tuna (4,5,7,9) served with salad including coleslaw (4,9)	Jacket potato topped with , cheese (7), beans, tuna (4,5,7,9) served with salad including coleslaw (4,9)	Jacket potato topped with , cheese (7), beans, tuna (4,5,7,9) served with salad including coleslaw (4,9)	Jacket potato topped with , cheese (7), beans, tuna (4,5,7,9) served with salad including coleslaw (4,9)
Option 4	Cheese Wrap (2,7) served with side salad including coleslaw (4,9)	Turkey sandwich (2,13) served with side salad including coleslaw (4,9)	Egg Mayo Roll (2,4,7,9,12) served with side salad including coleslaw (4,9)	Ham sandwich (2,13) served with side salad including coleslaw (4,9)	Tuna mayonnaise wrap (2,4,5,7,9) served with side salad including coleslaw (4,9)
Hot Dessert	Cooks Choice (2.4.7) served with custard (7)	Cooks Choice (2.4.7) served with custard (7)	Cooks Choice (2.4.7) served with custard (7)	Cooks Choice (2.4.7) served with custard (7)	Cooks Choice (2.4.7) served with custard (7)
Cold Dessert	Fruit platter cheese & biscuits (2,7) Fruit jelly pot Angel whirl (7) Yoghurt (7)	Fruit platter cheese & biscuits (2,7) Fruit jelly pot Angel whirl (7) Yoghurt (7)	Fruit platter cheese & biscuits (2,7) Fruit jelly pot Angel whirl (7) Yoghurt (7)	Fruit platter cheese & biscuits (2,7) Fruit jelly pot Angel whirl (7) Yoghurt (7)	Fruit platter cheese & biscuits (2,7) Fruit jelly pot Angel whirl (7) Yoghurt (7)

ALLERGENS



Daily – Salad and/or Vegetables accompany all our meals along with freshly baked bread.