



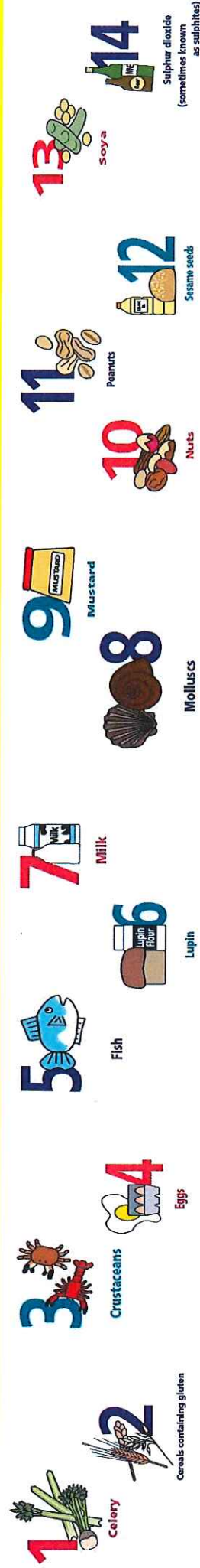
WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>OPTION 1</b>	Sausages in gravy (14) creamed potato (7) Seasonal Vegetables	Pasta Bolognese (2,7) Seasonal Vegetables	Chicken tikka (7,9) with rice Seasonal Vegetables or Salad home made naan bread (2,7)	Roast Turkey, Creamed or Roast Potatoes (7) Yorkshire Pudding (2,4,7) Seasonal Vegetables	MSC Fishcakes (2,3,5,7,8,9) or fish fingers (5) Chips Peas or Beans
<b>OPTION 2</b>	Vegetarian sausage in gravy (2,13,14) creamed potato (7) Seasonal Vegetables	Macaroni Cheese (1,2,7,9) Seasonal Vegetables	Quorn southern coated Goujons (2,4,7) baby potatoes Seasonal Vegetables or Salad	Vegetable Tart (1,2,4,7) Creamed or Roast Potatoes (7) Yorkshire Pudding (2,4,7) Seasonal Vegetables	Quorn fishless fingers (2,4,7) Chips Peas or Beans
<b>OPTION 3</b>	filled rolls, wraps & bagels (2,4,5,7,9) vegetable sticks and salad fruit, yoghurts (7) Dessert of the day	filled rolls, wraps & bagels (2,4,5,7,9) vegetable sticks and salad fruit, yoghurts (7) Dessert of the day	filled rolls, wraps & bagels (2,4,5,7,9) Vegetable sticks and salad Fruit Yoghurt (7) Dessert of the day	filled rolls, wraps & bagels (2,4,5,7,9) Vegetable sticks and salad Fruit yoghurt (7) Dessert of the day	filled rolls, wraps & bagels (2,4,5,7,9) Vegetable Sticks and salad Fruit Yoghurt (7) Dessert of the day
<b>DESSERT CHOICE</b>	Wholemeal plum and vanilla crumble(2,7) served with custard (4,7) Fruit platter,yoghurts (7) Fruit fools (7) or fruit jelly	Chocolate crunch (2,4,7) with pink custard (7) Fruit platter Fruit fool (7) or fruit jelly	Sponge fruit roll (2,4,7) with custard (4,7) Fruit platter Fruit fool (7) or fruit jelly	Banana bread (2,4,7) Yoghurt (7) Fruit platter Fruit fool (7) or Jelly	Cakes of the week... Pupils choice (2,4,7) Fruit platter Fruit Fools (7) Fruit Jelly

For Allergens see numbers in brackets next to each dish and refer to the table below

**VEGETARIAN (V)**

We also offer filled jacket potatoes (4,5,7,9), unlimited vegetables and salad to accompany meals as well as fresh baked bread (2,4,7)  
Fresh water or milk to drink (7)

**ALLERGENS**





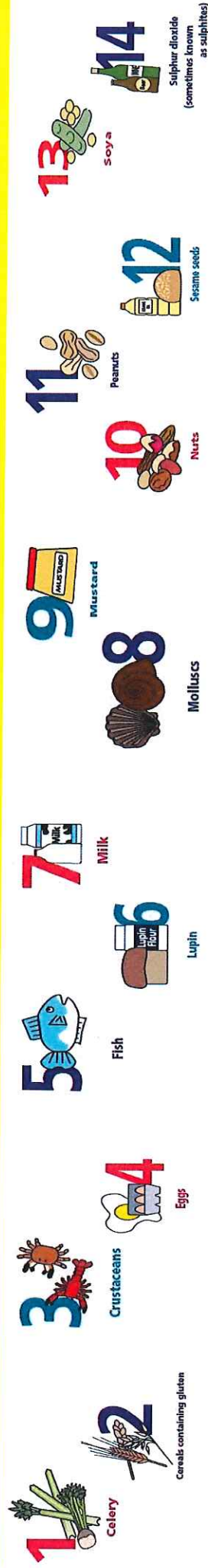
WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>OPTION 1</b>	Tuna pasta bake (2,5,9) or Cheese and tomato pasta bake (1,2,7) Seasonal vegetables	Chicken pie in puff pastry (1,2,5,7) Seasonal Vegetables Creamed potato (2)	Bacon sausage egg (4,7,14) baked beans, tomatoes mushrooms wholemeal baked bread (2,4,7)	Roast chicken Creamed or Roast Potatoes (7) Yorkshire Pudding (2,4,7) Seasonal Vegetables	MSC Fish (2,5,7) or fish fingers (5) Chips Peas or Beans
<b>OPTION 2</b>	Cheese omelette (free range)(4,7) Boiled potatoes Seasonal Vegetables	Vegetable pie in puff pastry (1,2) Creamed potato (2) Seasonal Vegetables	Quorn sausage, egg, mushrooms Baked beans, tomatoes (2,4,13,14) Mushrooms Wholemeal Baked Bread (2,4,7)	Quorn Chicken (4) Creamed or Roast Potatoes (7) Yorkshire Pudding (2,4,7) Seasonal Vegetables	Vegetarian Curry (7,9) Chips Peas or Beans
<b>OPTION 3</b>	Filled rolls, wraps & bagels (2,4,5,7,9) vegetable sticks and salad fruit, yoghurts (7) Cold dessert of the day	Filled rolls, wraps & bagels (2,4,5,7,9) vegetable sticks and salad fruit, yoghurts (7) Cold dessert of the day	Filled rolls, wraps & bagels (2,4,5,7,9) Vegetable sticks and salad Fruit Yoghurt (7) Cold dessert of the day	Filled rolls, wraps & bagels (2,4,5,7,9) Vegetable sticks and salad Fruit yoghurt (7) Cold dessert of the day	Filled rolls, wraps & bagels (2,4,5,7,9) Vegetable Sticks and salad Fruit Yoghurt (7) Cold dessert of the day
<b>DESSERT CHOICE</b>	Orange sponge (2,4,7) served with chocolate sauce (7) Fruit platter, yoghurts (7) Fruit fools (7) or fruit jelly	Banango cake (2,4,7) Yoghurt (7) Fruit platter Fruit fool (7) or fruit jelly	Fruit, Yoghurt and granola (2,7,14) Fruit platter Fruit fool (7) or fruit jelly	Cheese portion and fruit (2,4,7) Yoghurt (7) Fruit platter Fruit fool (7) or Jelly	Cakes of the week... Pupils choice (2,4,7) Fruit platter Fruit Fools (7) Fruit Jelly

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VEGETARIAN (V)

We also offer filled jacket potatoes (4,5,7,9), unlimited vegetables and salad to accompany meals as well as fresh baked bread (2,4,7) Fresh water or milk to drink (7)

**ALLERGENS**





# Hull Catering

[HULL CATERING SCHOOL MENU \(includes plated packed lunch option\)- From October 2018](#)

WEEK COMMENCING

19th November, 10th December, 21st January, 11th February, 11th March, 1st April

















WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>OPTION 1</b>	Chicken meatballs (2) Italian tomato sauce Wholemeal pasta (2,7) seasonal vegetables	Roast Chicken Seasonal Vegetables Roast potatoes	Home made pizza (2,7) seasonal vegetables Salad	Braised beef in gravy or roast turkey Creamed or Roast Potatoes (7) Yorkshire Pudding (2,4,7) Seasonal Vegetables	MSC Fish (2,5,7) or fish fingers (5) Chips Peas or Beans
<b>OPTION 2</b>	Vegetable lasagne (1,2,7,9) Seasonal Vegetables	Pasta Pomadora (2,7) Roast potatoes Seasonal Vegetables	Three bean chilli con carne (7) Rice	Veggie toads (2,4,7,13,14) Creamed or Roast Potatoes (7) Yorkshire Pudding (2,4,7) Seasonal Vegetables	Fishless Fingers (2,4,7) Chips Peas or Beans
<b>OPTION 3</b>	Filled rolls, wrap, & bagels (2,4,5,7,9) vegetable sticks and salad fruit, yoghurts (7) Cold dessert of the day	Filled rolls, wrap, & bagels (2,4,5,7,9) vegetable sticks and salad fruit, yoghurts (7) Cold dessert of the day	Filled rolls, wrap, & bagels (2,4,5,7,9) Vegetable sticks and salad Fruit Yoghurt (7) Cold dessert of the day	Filled rolls, wrap, & bagels (2,4,5,7,9) Vegetable sticks and salad Fruit yoghurt (7) Cold dessert of the day	Filled rolls, wrap, & bagels (2,4,5,7,9) Vegetable Sticks and salad Fruit Yoghurt (7) Cold dessert of the day
<b>DESSERT CHOICE</b>	Fruit Flapjack (2,4) served with custard (7) Fruit platter, yoghurts (7) Fruit fools (7) or fruit jelly	Mandarins, ice cream, granola (2,7,14) Yoghurt (7) Fruit platter Fruit fool (7) or fruit jelly	Rice pudding with mixed berries (7) Fruit platter Fruit fool (7) or fruit jelly	Marble sponge with custard (2,4,7) Yoghurt (7) Fruit platter Fruit fool (7) or Jelly	Cakes of the week... Pupils choice (2,4,7) Fruit platter Fruit Fools (7) Fruit Jelly

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VEGETARIAN (V)

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Fresh water or milk to drink (7)

## ALLERGENS

 **1** Celery  
 **2** Cereals containing gluten  
 **3** Crustaceans  
 **4** Eggs  
 **5** Fish  
 **6** Lupin  
 **7** Milk  
 **8** Molluscs  
 **9** Mustard  
 **10** Nuts  
 **11** Peanuts  
 **12** Sesame seeds  
 **13** Soya  
 **14** Sulphur dioxide (sometimes known as sulphites)