

PE Long term Plan

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Fundamentals of movement Outdoor provision <u>Thorpepark 50</u> 13.Play around in the rain 46.Build a sandcastle	Fundamentals of movement Outdoor provision <u>Thorpepark 50</u> 2. Take a walk in a wood 4. Run through a pile of leaves	Fundamentals of movement Outdoor provision <u>Thorpepark 50</u> 10. Build a den with a friend	Fundamentals of movement Outdoor provision	Fundamentals of movement Outdoor provision <u>Thorpepark 50</u> 15. Fly a kite	Fundamentals of movement Outdoor provision <u>Thorpepark 50</u> 7. Play in a park 30. Take part in a sporting event
Year 1	Multi-skills	Dance	Cricket	Gymnastics	Athletics	Tag Rugby
Year 2	Tennis	Multi-skills	Tag Rugby	Dance	Gymnastics	Athletics
Year 3	Football	Dance	Circuit Training	Tag Rugby	Multi-skills	Athletics
Year 4	Netball	Basketball	Multi-skills	Athletics	Tag Rugby	Gymnastics
Year 5	Gymnastics	Rugby	Lacrosse	Multi-skills	Dance	Athletics
Year 6	Tag Rugby	Hockey	Gymnastics	Multi-skills	Athletics	Dance